

Labs

As surgical weight loss procedures are restrictive, and can be malabsorptive, it is required that you have lab work done at 3 months, 6 months, 12 months, and then yearly to identify any deficiencies. Take the below labs to your primary care physician and ask for them to be drawn.

Weight loss - ICD10: 63.8

Malabsorption - ICD10: E43

3 & 6 month Recommended Labs for Follow up of Gastric Bypass and Sleeve Gastrectomy

- [X] Lipid Panel
- [X] Kidney Function
- [X] Liver profile
- [X] CBC
- [X] Vitamin D, 25-OH

Annual Recommended Labs for Follow up of Sleeve Gastrectomy

- [X] Lipid Panel
- [X] Kidney Function
- [X] Liver profile
- [X] CBC
- [X] B12
- [X] Phosphorus
- [X] Folate
- [X] Iron Studies: Iron Level, TIBC, Ferritin
- [X] Hgb A1C
- [] TSH *if hx of hypothyroidism

Annual Recommended Labs for Follow up of Gastric Bypass

- [X] Lipid Panel
- [X] Kidney Function (including calcium)
- [X] Liver profile
- [X] CBC
- [X] B1 – Thiamine
- [X] B12
- [X] PTH
- [X] Phosphorus
- [X] Magnesium
- [X] Copper
- [X] Selenium
- [X] Folate
- [X] Iron Studies: Iron Level, TIBC, Ferritin
- [X] Vitamin D, 25-OH
- [X] Zinc
- [X] Hgb A1C
- [] TSH *if hx of hypothyroidism